

# Interesting cases – lessons learnt

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## Case 1

Referred for the evaluation of **bilateral hypopigmented lesions** on the face present since birth

- Female
- 1<sup>st</sup> child, family history unremarkable
- Uneventful pregnancy, born full term
- Postnatal period normal with age-appropriate development
- At the age of 2 months diagnosis of SVT – stable under propranolol therapy



*Krathen et al, ped.Dermatol 2008*

## First consultation

Age 4 month

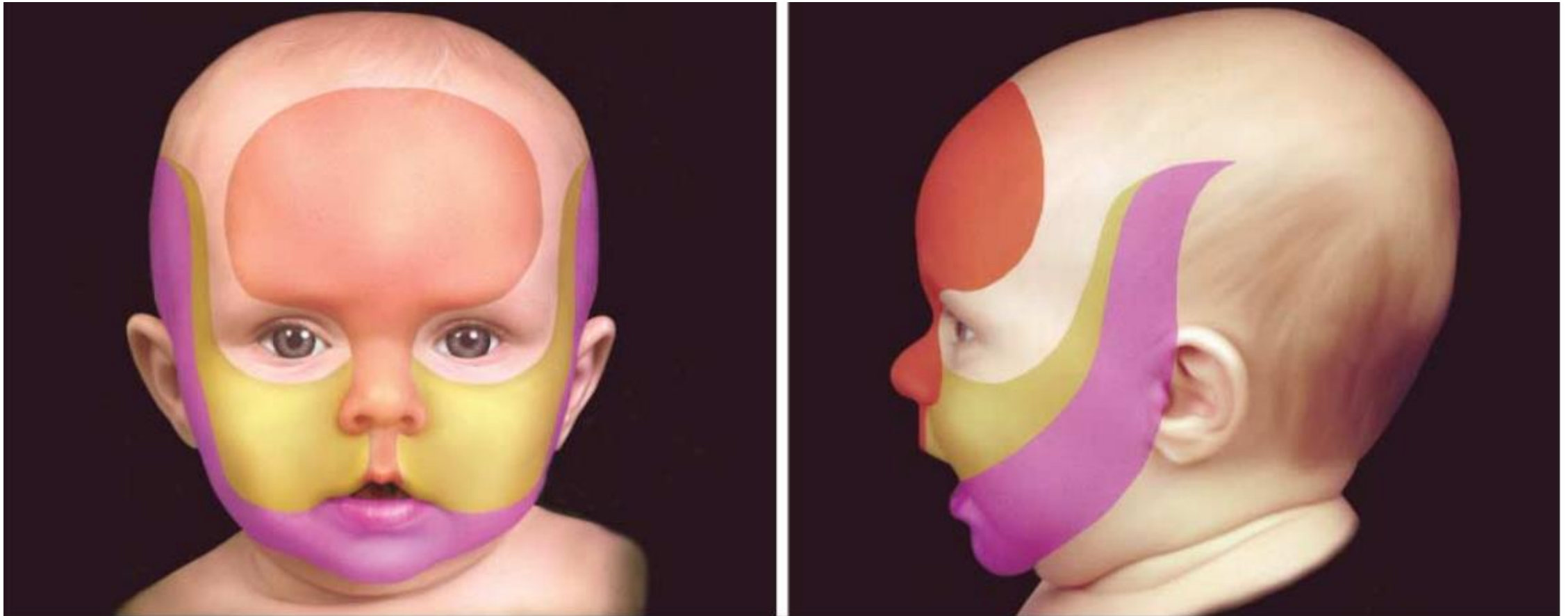
### Complete physical examination:

- *Circular hypopigmented atrophic macules linearly arranged on both cheeks*
- No other abnormalities of the skin, hair or nails
- No dysmorphic signs



*Krathen et al, ped.Dermatol 2008*

## Facial embryonic fusion lines



*Waner et al, Arch Dermatol 2003*

# Focal preauricular dermal dysplasia (FPDD)

## Focal facial dermal dysplasia (FFDD)

- FPDD is a form of aplasia cutis congenita in which bilateral preauricular atrophic skin lesions occur caused by defective fusion at the **maxillary and mandibular prominences**
- FFDDs are a group of rare inherited developmental disorders characterized by congenital scar-like lesions in the **bitemporal (FFDD1, 2 and 3)** or **preauricular (FFDD4)** areas.
- **FPDD (FFDD4)** is an autosomal recessive trait without dysmorphic findings or extracutaneous anomalies (***CYP26C1-mutation***)
- Biopsy not necessary for diagnosis, treatment options limited (surgical excision)

## Case 2

Referred for the evaluation of a **periumbilical abdominal ash** that was noted at age of 2 weeks

- Female
- Born full term
- Uneventful pregnancy, healthy parents
- Postnatal period normal with age-appropriate development

### **Complete physical examination:**

- Afebrile girl with an umbilical stump surrounded by a
- ***Reticular blanchable erythema with teleangiectasias on the bilateral abdomen***
- No evidence of infection in or surrounding the umbilicus

## What is your differential diagnosis and what do you do next?

- a. You think about an Erythema toxicum neonatorum – and explain its harmlessness to the parents
- b. You fear an omphalitis – and send the family to the emergency
- c. You diagnose a capillary malformation – no further examination

## Self-limited neonatal periumbilical erythema

- Benign self-limited condition
- Periumbilical reticular blanchable erythema
- Inflammatory and vasodilatory response during the normal umbilical cord separation (exact pathophysiology not known – cytokine release)
- No clinical sign of intra- or periumbilical infection (fever, umbilical discharge, abdominal tenderness)
  - **CAVE: Omphalitis**



*Peterman et al, Pediatr Dermatol. 2017*



## Case 3

Referred for the evaluation of **red-brown reticular macules** distributed on the lower limbs and on the abdomen first appeared at the age of 9 months

- Male, born full term
- Uneventful pregnancy, healthy parents
- Postnatal period normal with age-appropriate development

### Complete physical examination:

- well-appearing afebrile boy
- **Purpuric erythematous macular eruption on the lower extremities and abdomen**
- asymptomatic, no history of infection in the last weeks



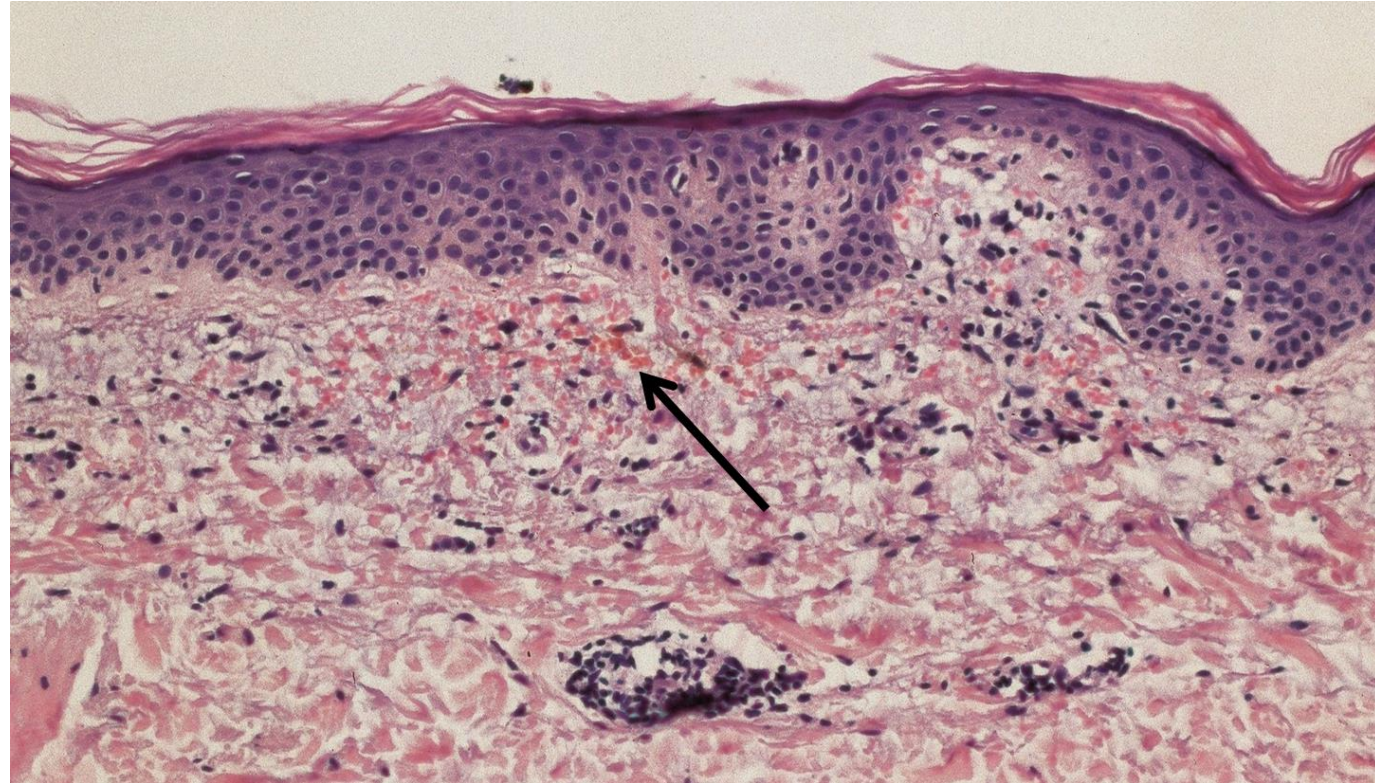
Schober et al, JDDG 2014

## What is your differential diagnosis?

- a. Small vessel vasculitis
- b. Coagulopathy
- c. Vascular malformation
- d. Pigmented purpuric dermatosis

## Further investigations

- **Full blood count and coagulation**
  - Normal, no thrombocytopenia
- **Biopsy- Histology**
  - Lymphocytic perivascular infiltrate in the dermis with extravasation of
  - Erythrocytes and hemosiderin deposition
  - **No fibrinoid necrosis of the vessels**



# Pigmented Purpuric Dermatoses (PPD) – M. Schamberg

- Proposed pathophysiology – lymphocytic capillaritis
- Reddish-brown macules bordered by punctate „cayenne pepper“ spots
- Primarily a clinical diagnosis but biopsy recommended to rule out vasculitis and CTLC
  
- Lichen aureus and M. Schamberg disease most common subtypes of PPD in children
- Usually healthy children, most often no clear trigger, parainfectious?
- M. Schamberg often exanthematous
- Asymptomatic (seldom pruritus, cosmetic concerns), **no correlation with systemic disease**

# PPD in children – clinical course and treatment options

- PPD is a benign disorder with high rates of complete resolution (75% within 1 year)
- Chronic recurrent course possible
- There are currently no well-established treatments for PPD
  - Topical and systemic corticosteroids, phototherapy (UVBnb)
  - **Rutoside in combination with Vitamin C (antioxidative radicals)**



Original Article

Pigmented purpuric dermatosis in children: a retrospective cohort with emphasis on treatment and outcomes

A. Ollech ✉, A.S. Paller, L. Kruse, B. Kenner-Bell, S. Chamlin, A. Wagner, L. Shen, R. Yousif, L.C. Balmert, A.J. Mancini

**However, no advantage when compared to watchful waiting**

## Case 4

Referred for the evaluation of a **erythematous violaceous solitary** plaque on the abdomen present since birth

- Healthy girl, born full term, family history unremarkable
- Postnatal period normal with age-appropriate development

### **Complete physical examination:**

- Well-appearing girl
- ***Erythematous-violaceous solitary slight indurated plaque on abdomen (1.5x3.5cm)***
- No growth, no thrill, no other vascular stains

### **Punchbiopsy – Tufted angiom**



## Vascular tumors

### Benign

- Infantile hemangioma
- Congenital hemangioma
- Pyogenic granuloma

**Tufted angioma**

### Locally aggressive or borderline

- Kapos. hemangioendothelioma

### Malignant

## Vascular malformation

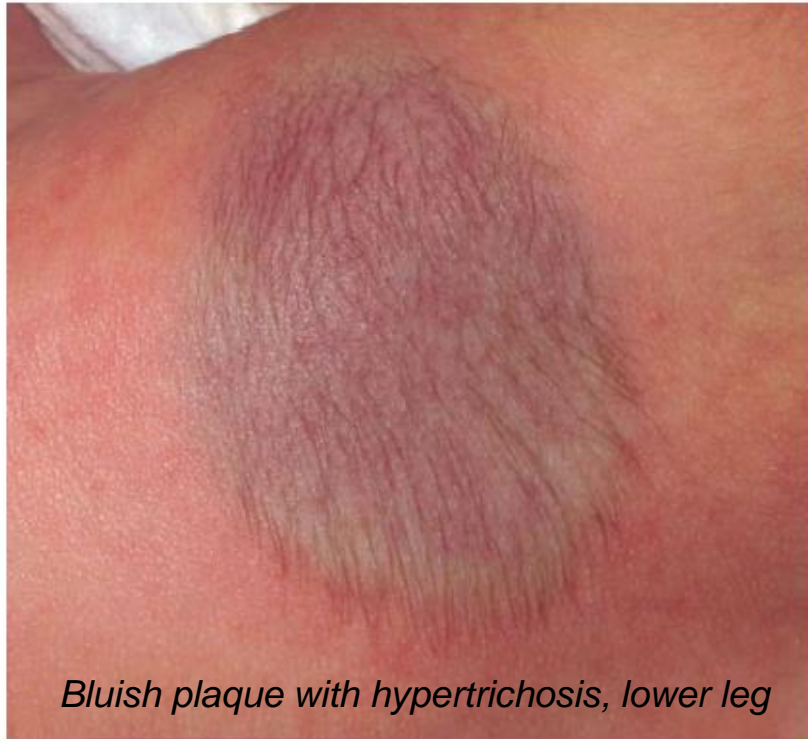
### Simple

- Capillary malformations
- Lymphatic malformations
- Venous malformations
- Arteriovenous malformations

### Combined

### Associated with other anomalies

## Tufted angioma- clinical spectrum



*Bluish plaque with hypertrichosis, lower leg*



*Blocklike congenital tufted angioma*

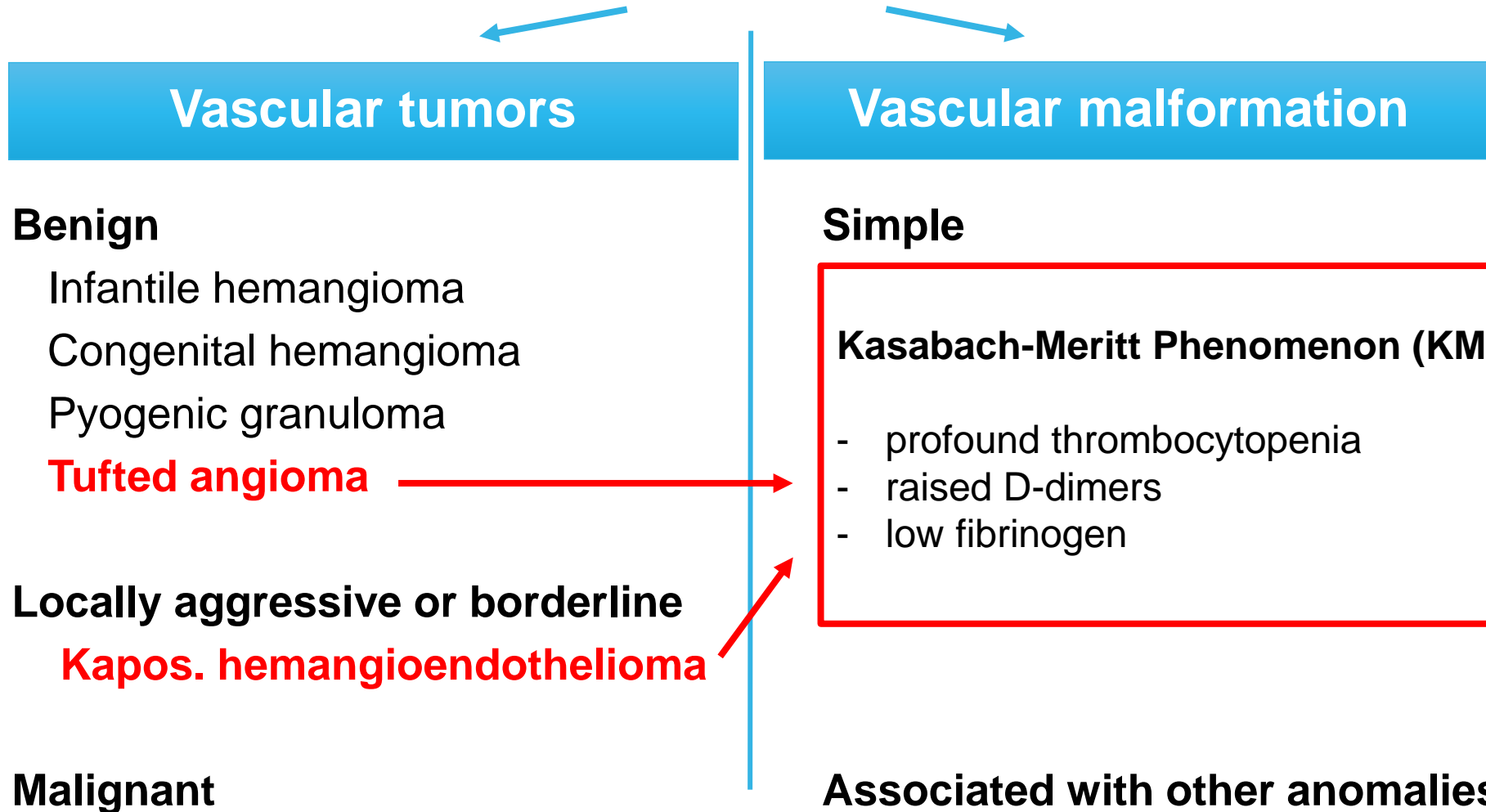
*Feito-Rodriguez M et al, Pediatr Dermatol 2018*



## Tufted angioma- clinical spectrum



*Feito-Rodriguez M et al, Pediatr Dermatol 2018*



## Further investigations

- **Ultrasound-Doppler of the lesion and abdomen**
  - normal
- **Haemato-Oncology consultation**
  - Differential blood count and coagulation
    - both normal
  - transient elevation of the D-Dimers
  - no need for further investigations
- Clinical follow-up 3-6 monthly (watch & wait strategy )
  - **Urgent assessment if clinical signs of bleeding (petechiae or mucosal bleeds)**